

Volume 42 Number 3

Capital Area Service Committee of Narcotics Anonymous

Rachelle W., Area Chair, opened the 437th meeting of CASNA on 03/01/2026, at 2:00 PM, with the Serenity Prayer. **Nancy U.** read the 12 Traditions, and **Ramona B.** read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts GSR count/Attendance/Welcome new GSRs/New Meetings
Correction/approval of the minutes Orders of the day

1. Discussion of motions will be limited to GSRs or a group representative only (supported by the 9th concept).
Extended discussion rests with the chair.

2. A member may speak once on an issue.

3. The Chair must recognize a member to speak.

4. Subcommittee reports will be limited to 10 minutes, plus questions and approval. 5. For an item to be placed
on the agenda, it must be in motion form and with a second.

6. Discussion topics must be in written form and given to the Chair. 7. Each member may speak once on a
discussion topic for a maximum of 5 minutes. Opening the Treasurer's report Groups with
problems/Group reports:

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurer's report

Quorum: 9

GSR count: 17 @ 2:15 PM

17 @ 3:30 PM 17 @ 4:11 PM

Attendance notes:

Open Positions: Vice Treasurer

*****Next Area Meeting is on 03/01/2026*****

New GSRs: Marcellus M. for Only Hams Are Cured

New Meetings: None to report

Corrections to Minutes:

Orders of the Day:

Opening Treasurer's Report: See Attached

Groups with Problems: The Ties That Bind needs support. Peggy L. GSR

Group Reports **Acceptance-** Tues 7-8 PM- 64 E North St, Carlisle, PA- No report **All Are Welcome-** Wed 7-8:15 PM- 54 Bank St, Harrisburg, PA - All is well. Quite a few homegroup members celebrating this coming month. Keep coming back, it works. (Cannot read GSR name) **Any Lengths-** Thurs 7:30- 8:30 PM- 210 W. Main St, Hummelstown, PA- No report **Back to Basics-** Wed 7:30- 8:30 PM- 135 W Simpson St, Mechanicsburg, PA- No report **Bottom Line-** Mon-Fri 12- 2 PM- 7 N 14th St, Harrisburg, PA - Group is doing well. Had a men & women's rap Jan 31, 2026 that was a success! Buying literature and making a donation to area! Rich B. **Clean and Free-** Sat 12-2 PM- 750 S 29th St, Harrisburg, PA- No Report. **Commitment to Change-** Wed 7- 8 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No Report. **Cut and Dry-** Fri 7- 8:30 PM- 914 S 21st St, Harrisburg, PA (21st & Derry)- No Report. **Desire to Grow-** Tues 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA – Attendance is picking back up. Our expenses are higher and we could use a little additional support, but not a problem yet. Sean B. **Early Bird Gets the Worm-** Sat 9:30 AM- 11 AM- 32 S Front St., Wormleysburg, PA Got the insurance back. Just waiting to hear back from the church when we can start meeting. Cesar J. **Exodus to Genesis-** Sun 6- 7:30 PM- 5th & Camp St, Harrisburg, PA- No report **Gathering Place, The-** Sun 6-7 PM- 323 Reno St, New Cumberland, PA - No report **H.A.N.A-** Fri 6:30- 8 PM- 901 N 6th St, Harrisburg, PA- No report **Honesty-** Thurs 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA- Attendance has been growing. We have many active home group members. We are planning a Bingo Night April 25th starting at 6 PM at Beating the Odds recovery center located at 651 Market St. in Lemoyne PA. Come out and support us and have some fun. David P. **H.O.W Group-** Mon 5:30 PM – JFT 300 Market Street Lemoyne, PA- No report **Just for Today-** Sun 12- 2 PM- 7 N 14th St, Harrisburg, PA- Our group is doing ok. Carrying a clear message to addicts in recovery. Thanks for allowing us to share. GW **Just for Tonight-** Sat 8- 9 PM- 300 Market St, Lemoyne, PA- no report **Keeping the Hope Alive-** Sun 7:30- 8:45 PM- 300 Market St, Lemoyne, PA - No report. **Life or Death-** Sun 7-8 PM- 221 S 2nd St, Steelton, PA- No Report **Linglestown Meeting-** Wed 7- 8 PM- 5834 Linglestown Rd, Harrisburg, PA- No report. **Lunch Bunch-** Mon-Sat 12- 1 PM- 309 Herman Ave, Lemoyne, PA (In person & Zoom) - No report **Message of Hope-** Fri 8-9 PM- 4685 Mt Zion Dr, Enola, PA- No report **Nothing to Fear-** Mon 7:30- 8:30 PM- 216 S Market St, Mechanicsburg, PA- No report **O.D.O.P.-** Wed 7- 8 PM- 600 Evergreen Road, New Cumberland, PA - We have a \$18.00 donation. Jim M. **Only Hams are Cured-** Sat 7- 8:30 PM- 901 N 6th St, Harrisburg, PA – We are doing well. Our group attendance has grown, we are able to pay our rent, we are getting along very well. However, we are presently working on things with Unity and other groups pertaining to having events during our meeting time (need to get advice about it). Marcellus M. **On Life's Terms-** Mon 6:30- 8:15 PM- 901 N. 6th St. Harrisburg, PA- No report **Saturday at Swatara-** Sat 7-8 PM- 6300 Chambers Hill Rd, Harrisburg, PA- No report **Share and Care-** Mon 7- 8:15 PM- 228 Bridge St, New Cumberland, PA- No report **Steps and Traditions-** Thurs 6:30- 8:15 PM- 750 S 29th St, Harrisburg, PA- Meeting is thriving and attendance is up. Tony W. **Steps to Freedom-** Tues 7- 8:30 PM- 901 N 6th St, Harrisburg, PA- Group is doing well. We want to let the home groups know to clean up after all events in the church. Thanks. Derek C. **The Ties that Bind Us Together-** We are starting to get literature and other supply's. We have 4 - 20 people, most are newcomers from facilities. Peggy L. **Twisted Sisters-** Tues 7- 8 PM- 323 Reno St., New Cumberland, PA- All is well. We have good attendance of 8 - 16 people. Jan A. **Value of Life-** Sun 6- 7 PM- 130 Nittany Dr. Mechanicsburg, PA- The meeting continues to grow with a very healthy mix of newcomers and experienced members. There are no problems to report and we are being served by a stable core of experienced members. Thanks for allowing me to serve. Stephen T. **We Do Recover-** Mon 7- 8:15 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No report

Subcommittee Reports

Unity Committee: Group is doing well. Need more support on the committee if anyone wants to join in service! Men and women's rap was a success! Preparing for March 21, April 18, May 16 events. Unity Day t-shirts are in the process of being made also. Learners Day was a success! TFAMTS Rich B.

Unity Treasurers' Report: *see attached*

Literature: Our starting balance is \$49.26. We had a total income from HG of \$1045.40. I gave the treasurer \$936 and kept \$63.78. I will be placing a lit order for books on back order and to get us up to stock. I also put in a discussion topic on meeting lists. Candice M.

Policy: The policy committee met once since the last ASC meeting.

We have identified adopted policies that were omitted during reconstruction of the Guide. We are restoring those policies to ensure the Guide accurately reflects motions previously passed by the ASC.

1. Update H&I monthly as needed allowance to \$125.00
2. Renewed Parliamentary Authority Section to the Policy Guide.
3. Renewed Policy for operations while using Prudent Reserve.

We are also very happy to report the Web Servant has updated the Policy Download portion of the site to include the current policy log as well as copies of some Policy Guidelines.

There remain a number of updates to make yet. Therefore, we will not yet print hard copies of the current Policy Guide. The most current version will be kept updated on the website. Thanks for letting us serve.
Stephen T. & Heather B.

Public Relations: Outside of Learners Day on the 21st of February nothing has been going on. Still grateful and willing to serve. Cesar J.

RCM: The next regional meeting is March 14, 2026. Sub-committees meet at 10AM - 12PM. Noon Regional Service meeting. The location is Kreuz Creek Presbyterian Church, 85 Old Church Rd, York PA, 17406-8084. Our policy states that the sub-committee chair and vice chair attend the Reg. sub-committee meeting. I would like to thank Ramona and Pat T. for organizing and doing the CAR workshop at Learners Day. It was well attended by about 20 people. I've received the Group Conscience collection sheets from some groups already. These must be in to the Regional Delegate by March 14th. You can give them to Ramona or Francois when you see them or email them to nueberroth52796@gmail.com or francoisf156@gmail.com. This area hasn't hosted a regional meeting in a very long time, approximately 10 years. It's time we do this voluntarily before it's assigned to us. I suggest we host it in June of this year. Nancy U. RCM & Francois F. Alt RCM

Marathon: No report

Marathon Treasurers Report: No report

Audit: no report

Hospitals & Institutions: Jan A. opened the meeting at 12:30 PM.

Facility Reports:

- Arkview- is on Tuesdays 7:30 - 8:30 PM. Jody B. all is well.
- C-90 - is on Thursdays 7 - 8 PM. Marlin and Drew split the commitment & all is well.
- Common Ground- is on Thursdays 6 - 7 PM. Jan A. and Cesar J. still carrying the message & all is well.
- Conewago - is on Mondays 7 - 8 PM. Matthew takes a meeting in, but is looking for someone to split so he sent the clearance into Rob & Jim.
- DCP Women's – is on Mondays 3:30 - 4:30PM. Jan and & Jenny continue to split & all is well.
- DCP Men's – is on Mondays 3:30 - 4:30PM. Marlin continues to carry the message & all is well.
- New Insights – is on Saturdays 7 - 8 PM. Georgianna is going to start taking Damian with her.
- Women's Work Release (DC) – Georgianna is willing to take a meeting in when they get back to me.
- Men's Work Release (DC) – is on Tuesdays 7 - 8 PM. Marlin takes a meeting in & all is well.

Jan & Cesar have been trying to get in contact with the Salvation Army. Jan got in contact with Cumberland Co Prison and was able to get application/clearances for them so that we can start going into their work release programs. I typed lists of the facilities, days/times, and gave them to whoever wanted them. We had 10 panel leaders attend, 1 new member and 2 panel leaders voted 10 - Jim M. & Damian B. - Morgan B.

Elections:

New Business:

M03.26 P1- To amend secretary duties to read, "Distribute minutes no later than 2 weeks following each ASC meeting via email to those who have specifically requested the minutes to be emailed to them. Intent: To decrease costs. Written by: Amanda M. 2nd by Nikki K. **Discussion April, Vote May**

M03.26 P2- Any member taking a position that handles NA funds must provide full name, current address, current phone number, current copy of an ID card or drivers license. Any changes to this information must be updated within 30 days or as needed. All personal information will be the responsibility/held by the ASC Chair, Treasurer, and Policy Chair and will be returned or destroyed at the end of the members term in that position unless they are transitioning into another position that handles NA funds. Intent: To provide the ASC a good starting point to put into motion the adopted policy for theft of NA funds. Written by: Jim M. 2nd by: Jody B. **Discussion April, Vote May**

M03.26 P3- Policy should include the adopted guidelines for theft of NA funds for any position that handles NA funds. The adopted policy for theft should be read when policy is the requirements for any position that handles NA funds. Intent: Any member considering taking a position that handles NA funds should be aware of the consequences for theft of NA funds. Written by: Jim M. 2nd by: Jody B. **Discussion April, Vote May**

March 15, 2006

C.A.N.A. UNITY SUB-COMMITTEE
TREASURER'S REPORT

EVENT DATE: Feb 22nd 2006

STARTING BALANCE: 357.00

INCOME

ADMISSION: -0-

FOOD: \$ 723.00

MISCELLANEOUS ITEMS: \$ 100.00

SUB-TOTAL: 1,180

NEW BALANCE: 1,180

EXPENSES

FACILITY RENT: \$ 95

D.J.: \$ 350.00

FOOD: \$ 298.96 * T-shirts \$ 200.00

MISCELLANEOUS ITEMS: _____

SUB-TOTAL: \$ 396.04

ENDING BALANCE: \$ 236.04

- 25.00 T-shirt
211.04

